

Notes for Swimmers/Parents

Congratulations for making it to the Meet of Champs and/or All Star Meet!

Let's all help this be a fun day.

Swimmers: Please get yourself to the right place at the right time.

1. Swimmer Line Up:
 - a. See Event Chart (outside the building) showing who is lining up outside.
MOC (Saturday) Event order: I.M., Freestyle Relay, Medley Relay, Freestyle, Backstroke, Breaststroke, Butterfly.
All Stars (Sunday) Event Order: Freestyle, Backstroke, I.M., Breaststroke, Butterfly. No relays at All Stars.
Please anticipate your turn so you can be ready.
 - b. **Become familiar with the layout, located on the website. Please get yourself timely to the lineup area** (probably around the outside of the building.) For MOC, your own team might help you get there. For All Stars on Sunday, it is each swimmer's own responsibility to get there. Know where to walk when you exit the pool, to help with traffic flow. At CRHS, do not exit by the diving boards.
2. At Meet of Champs, to help things go smoothly, for lineup, do not let your swimmers go directly into the building from the general entrance. Their name will be called at the designated lineup area, and if the swimmer is missing, it will cause confusion for the numerous staging areas.
3. **Restroom** location:
 - a. Cinco Ranch H.S.: SE entrance (front right door). Also, Locker rooms with restroom – along east wall inside the building.
 - b. Morton Ranch – Just inside main entry doors to Natatorium.
 - c. Seven Lakes – Just inside main entry doors to Natatorium.
4. Prior to lining up:
 - a. If possible, try to **memorize your own lane number** (and heat if possible). If you are too young to do that, don't worry about it.
 - b. Make sure you have what you need - goggles/cap, etc. (maybe shoes if you have someone to take carry them away for you when you go into Station 2) The walkway to outside can be uncomfortable for bare feet.
5. While at the Gathering Area, listen for your name and step forward into position. Parent – please help out here.
6. Note that there are no ribbons at MOC and AS. The top places earn medals, which are distributed by your team reps on a later date.

Thanks for all of your help!